

TRASIMENO SUP RACE 2026

ICF SUP RACE

KEY POINTS

Organizzatore	Canoa Club Perugia Asd Viale dell'Università snc – 06063 Magione (PG) e-mail: info@canoclubperugia.it Internet: https://canoclubperugia.it/ Phone:+39 3499369637
Location	from Saturday to Sunday) Viale dell'Università snc – 06063 Magione (PG)
Date	18 -19 Aprile 2026
Head of the Organizing Committee:	Lanfranco Lovato
Safety Manager	Christian Vento
Secretarial contact person	Silvia Carletti
Timekeeping	Federazione Italiana Cronometristi
Rules:	ICF Competition Rules 2025
Route: SUP	10 km (Long distance SUP), 3 km (long distance UNDER 12 - UNDER 14) 5 km Inflatable race, 3 km Fun race (Not competitive)
Prize money	not provided for

1. LOCATION

DAL 18 al 19 Aprile – ICF Sup race

The race will take place on Lake Trasimeno in Monte del Lago at **Canoa Club Perugia Asd** Viale dell'Università snc – 06063 Magione (PG).

<https://share.google/rc63udHhFaVQN3nGp>

2. Partecipants/categories

The races are open to athletes aged 9 and over.

The trasimeno Sup Race will be an ICF SUP RACE BASET event.

The Long distance The SUP WORLD CUP in England will be valid for selection

The RACE:

Distance	Race	category
10 km:	Long distance	Junior, OPEN 40+ 50+ 60+
3 km:	Long distance	UNDER 12 UNDER 14
5 km:	Inflatable race	PRO Under 12, Under 14, Under 18, Young Master (from 19 to 39), Master (40 - 49) Grand Master (50 - 59) Kahuna (60- 69) Grand Kahuna (70 – 79) Legendary (80+)

The categories:

Category	Gender	Age	Boards
Under 12	m/w	<12	up to max. 14'0" allowed
Under 14	m/w	12-14	up to max. 14'0" allowed
Junior	m/w	15-18	up to max. 14'0" allowed
Open	m/w	19-39	up to max. 14'0" allowed
40+	m/w	40-49	up to max. 14'0" allowed
50+	m/w	50+	up to max. 14'0" allowed
60+	m/w	60+	up to max. 14'0" allowed
Paracanoe	m/w	6- 50+	up to max. 14'0" allowed
FUN	m/w	6- 50+	up to max. 14'0" allowed

3. Registration

We recommend that participants register online in advance. Online registrations are open until April 15, 2026 at 23:50.

It is possible to register on site with after the expiry date of online registrations. Late entries will be subject to confirmation by the organizing committee.

There are 3 registration periods: Super Early (until February 28st, 2026), Early (until March 31st, 2026), Regular (until April 12th, 2026), Late (until April 15st) each period will correspond to a price increase.

La registrazione deve essere effettuata tramite il link presente nella pagina:

<https://keepsporting.com/cr/6953f02c7670cc220c9605d4/trasimeno-sup-race>

3.1 Athletes

The competition follows the ICF SUP 2025 ([2025 icf sup competition rules final.pdf](#)) international regulations, each athlete who wants to register must be a member of a club or association affiliated with their national federation affiliated with ICF.

All Italians must be registered with an association affiliated to FICK.

All data will be transmitted to the International Federation for possible control.

4. Communication:

Official communications will be given through the whatsapp group in the days leading up to the event. During the days of the competition through the whatsapp group and thanks to the speaker.

To join the whatsapp group:

<https://chat.whatsapp.com/J0gmZEieE4A5aYayEbPmZs?mode=hqctsha>

5. Program:

April 18 2026

8.30 – 10.00 Opening of the registration office

10.30 Meeting

11.00 Inflatable Race

15.00 Fun race

17:00 Opening Ceremony

April 19 2026

8:30 - 9.30: Opening of the registration office

9.30: Meeting

10.00: Long distance (U12 – U14)

11.00: Long distance (junior and higher categories)

13.30 Lunch offered by

15:30 Opening Ceremony

6. Entry fee

Category	SUPER EARLY Until 28/02/26	EARLY Until 31/03/26	REGULAR Until 12/04/26	LATE until 15/4/26
INFLATABLE RACE				
Under 12	15€	15€	15€	15€
Under 14	15€	15€	15€	15€
Under 18	15€	15€	15€	15€
all the other categories	25€	30€	30€	35€
LONG DISTANCE RACE				

under 12	25€	25€	25€	25€
under 14	25€	25€	25€	25€
all the other categories	35€	40€	45€	50€
FUN RACE				
For all	15€	15€	15€	15€
ALTRI SERVIZI				
Lunch	Offered for athletes by the organizing committee.			

6.1 Equipment rental

If you need a board for rent, you can contact the official ICF rental provider:

(Cristian Bottausci 3298121002)

6.2 Non-participation due to illness

The athlete unable to participate in the competitions due to illness will be entitled to free registration for the Trasimeno Sup Race 2027 (in the same competitions in which he was registered). To take advantage of this possibility, the athlete must necessarily present a medical certificate justifying the absence

6.3 Canceling a competition

If a race has to be cancelled for an important reason (withdrawal of a permit by the municipality, cancellation of the race due to force majeure, etc.), there is no refund of the registration fees. The competition will be resubmitted on a date to be defined

7. Accreditation:

The accreditation desk will be open at the following times:

Saturday: 8.00 - 9.30

Sunday: 8:00 - 9.30

At the accreditation office it will be possible to collect the race pack and the bib.

8. PRIZE & RANKING

Ranking scores will follow the ICF rules (2025) for technical and long-distance competitions.

The scores will follow the FICK rules relating to federal scores in Italy.

The scores will also be included in the World SUP Ranking.

8.1 MONTEPREMI:

There are no prize pools

8.2 SUP Long Distance

THE ROUTE WILL BE ILLUSTRATED ON THE WEBSITE, ON SOCIAL NETWORKS AND PDF ON THE WHATSAPP GROUP IN THE WEEK BEFORE THE COMPETITION

(1 lap di 3km for Under 12, Under 14, FUN Race; 1 lap 10km for Open, 40+, 50+, 60 + junior,) PFD MANDATORY FOR ALL

Podi:

- 1.-3. Open
- 1.-3. 40+ m/w
- 1.-3. 50+ m/w
- 1.-3. 60+ m/w
- 1.-3. Junior m/w
- 1.-3. Under 12 m/w
- 1.-3. Under 14 m/w
- 1.-3. Parasup m/w

8.3 SUP Inflatable

(1 lap per Inflatable race, 5km) PFD mandatory for all category

Podi:

- 1.-3. PRO m/w
- 1.-3. UNDER 12 m/w
- 1.-3. UNDER 14 m/w
- 1.-3. UNDER 18 m/w
- 1.-3. JOUNG MASTER m/w
- 1.-3. GRAND MASTER m/w
- 1.-3. KHAUNA m/w
- 1.-3. GRAND KHAUNA m/w
- 1.-3. LEGENDARY m/w

8.4 FUN RACE

9. Non-competitive event over a distance of 3 km.

10. Race

10.1 Numbers

It is mandatory to wear the start number clearly visible. If you are wearing a hydration pack, life jacket, etc., the start number must be worn over all equipment.

10.2 timekeeper

Timing will be followed by specialized personnel and for the long distance it may include the use of a personal chip. In case of loss or damage, the competitor will be asked to refund the chip (€ 50).

10.3 Boat

Only the boards/boats provided for the category can be used. Exceeding the maximum board length or minimum weight of 10 kg will result in disqualification.

No external aid may be used. This includes engines, wind devices (e.g., sails), and the help of second people (except the team). Two hulls (e.g. catamarans) are not allowed.

10.4 Start Signal

A minute before the start a double trumpet will sound.

In the last sixty seconds the starting signal can be given at any time (single sound).

A repeated false start will result in disqualification.

10.5 Drift

Slipstreaming is allowed only within the category. Women and men are treated as a separate category.

10.6 Collision

Contact should be avoided as far as possible. Intentional obstruction such as pushing or blocking will be penalized and may result in disqualification.

10.7 Stand-UP

Stand-up means paddling while standing. After a fall, you can make a maximum of five paddle strokes while sitting or kneeling. Prolonged paddling in a sitting or kneeling position may result in disqualification.

10.8 Leash/Vest/Safety Material

Leash and life jacket (restube or PFD allowed) must only be worn over long distances and in the inflatable race.

10.9 Emergencies

If a participant needs help, the following order of help should be followed:

- Members of your own team
- Other participants
- Organizer Rescue Speedboats

All accidents and special incidents must be reported to checkpoints, safety boats or race management as soon as possible. They will coordinate a possible rescue operation together with the available rescue forces. Participants must follow the instructions of the organizer and the rescue services.

10.10 Finish

The finish line is on the ground for all categories under the inflatable arch. The time will be measured by the timing officers.

10.11 Disqualification

Disqualified participants will be notified by the judge. Disqualifications or relegations will in any case be communicated before the announcement of the ranking.

10.12 Judges

The judges will be appointed by the Italian Canoe Kayak Federation. A representative of the ICF will be present.

10.13 Protests

Complaints can be initiated up to a maximum of 30 minutes before the announcement of the ranking, by paying € 75 at the accreditation office. If the claim is successful, the amount of €75 will be refunded.

11. Doping

Doping is contrary to the fundamental principles of sport and medical ethics and is therefore prohibited. Doping is the use of aids in the form of substances or methods that are potentially harmful to health and/or capable of improving physical performance. However, doping is also the presence of a prohibited substance in an athlete's body or the confirmation of its use. Anyone who can be proven to be doped will be disqualified.

12. Media rights

The media and copyrights (images, video recordings) of the event are held by the organizer.

13. Condition of participation

13.1 Liability

The organizer declines all responsibility. All participants participate in the races under their own responsibility and must be privately insured against accidents. All participants by registering declare that they are in good standing with FICK membership or with a federation registered with the ICF. The organizer, the event organizers and the sponsors disclaim any responsibility for the participants. By registering, participants accept the announcement and the exclusion of liability of the organizer for damages of any kind. The participant may not make any claims against the organizer or the event sponsors and their representatives for damages and injuries of any kind that may occur to him/her as a result of his/her participation.

13.2 Security and privacy

Each person declares with registration,

- to have the necessary physical and psychological conditions to participate in this competition,
- that comply with safety regulations,

- who will help other participants in need,
- that the information provided at the time of registration is correct,
- the agreement that the organizer may use the data for the purposes of the event; in particular the transition to ICF and FICK (SUP general classification),
- the agreement to assign to the organizer without compensation its right to the image, in particular in the form of photos, films or any other means of communication.
- that you have read and understood the rules.